

Regular Meeting of the Durham County Board of Health, held

June 8, 2000, with the following members present:

William Burch, Chairman, Charles Chapman, Ellen Reckhow,

Craig Morgan, William Small, Dr. Sydney Rose, Dr. Julia Aucoin,

Dr. William Bordley, and Dr. Michael Royster.

Absent (Excused): Dr. Philip McHugh and Ruth Smullin

CALL TO ORDER. Mr. Burch, Chairman, called the Regular Meeting to order.

INTRODUCTION OF NEW BOARD MEMBER. The Chairman introduced Michael O. Royster, M.D., M.P.H. as the newly appointed member of the Board of Health. Dr. Royster is an Environmental Health Scientist with the U.S. Environmental Protection Agency and will fill the licensed optometrist position.

OATHS OF BOARD MEMBER. Janice R. Tice, Notary Public, administered the Oath to support Constitutions (G.S. 11-7) and the General Oath (G.S. 11-11) to Dr. Royster.

PRESENTATION. Mr. Burch announced that Dr. Julia Aucoin would be resigning from the Board of Health effective June 30th due to her family's relocation to Tennessee. He presented to Dr. Aucoin a *Certificate In Appreciation of Distinguished Service* for her contribution to Durham County public health.

Dr. Aucoin thanked the Board for its recognition.

BE ACTIVE NORTH CAROLINA. The Chairman introduced Ms. Stacy Shelp Peck, *Be Active North Carolina* Media Coordinator, Physical Activity and Nutrition Unit, Division of Public Health, NC Department of Health and Human Services, and Mr. James Emery, MPH, Research Associate, Department of Health Behavior and Health Education, School of Public Health, The University of North Carolina at Chapel Hill.

Ms. Peck said that *Be Active North Carolina* is a statewide initiative based on a public-private partnership. Its mission is to encourage policymakers, communities, organizations, families, and individuals to support, promote, and participate in physical activity and thereby reduce the human and economic burden of diseases related to inactive lifestyles. The initiative is spearheaded by Governor Hunt's Council on Physical Fitness and Health, the Physical Activity and Nutrition Unit of the NC Division of Public Health, and the NC Health and Fitness Foundation, Inc.

She said *Be Active North Carolina* focuses on improving North Carolina's physical activity opportunities by:

- Using a proven prevention approach (the multi-level approach) to help public health professionals achieve policy and environmental change across the multiple levels of society that affect individual opportunities to be physically active.
- Raising the public's awareness concerning the human and financial costs of physical inactivity and the need for enhanced

policies that improve local community environments so that everyone can be more physical active.

- Providing strategies for policy and environmental change, which are designed to be delivered through multiple channels in the community (e.g., community and civic groups, faith organizations, health care settings, schools, and worksites).
- Supporting the implementation of the Be Active North Carolina initiative through local and statewide partnerships that will change our environments so that we can change the way we live.
- Developing legislation and additional resources to undertake the challenge to improve our levels of physical activity.
- Using evaluation tools to document our progress toward policy and environmental improvements, as well as measure future levels of physical activity in North Carolina.

Be Active North Carolina activities in Durham County involve the following:

- a. Awarded a \$10,500 grant to the Durham County Local Fitness Council to promote physical activity policy/environmental change in the county and develop a Fitness Leadership Council comprised of policy officials who will advocate for change.
- b. *Be Active North Carolina* staff spoke on behalf of Durham Transportation Demand Management (TDM) and have discussed possible collaboration with Triangle Transit Authority.
- c. *Be Active North Carolina* emphasizes strategies consistent with the Durham TDM Plan
 - customized action-planning process that incorporates TDM strategies
 - emphasis on bicycling and walking facilities
 - marketing campaigns
 - policy advocacy teams
 - public education/outreach
 - technical support

Mr. Emery said that the Board of Health can help by advocating for some of the same priorities as those of *Be Active North Carolina*.

1. Rank "wellness/fitness" in the top five priorities on the Board of Health priority rankings for community health issues.
2. Provide a representative to the newly forming Durham County Fitness Leadership Council (projected quarterly council meetings).
3. Provide explicit support through public statements and/or letters of support to other agencies that are developing policies to improve physical activity opportunities. For example, supporting policies that would:
 - improve roads and sidewalks for bicycling and walking
 - provide locking bicycle facilities for county employees
 - allow use of county showers at correctional facility for county bicycle commuters
 - provide incentives for county employees to walk or bike to work
4. Recommend that Durham County Health Department's work objective to promote physical activity opportunities in Durham County be enhanced to incorporate the effective public health approach of policy and environmental improvements.

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The Chairman asked if the Board had any comments or questions regarding the presentation.

Ms. Reckhow said that Wake County is following Durham County's lead. It will also develop a Transportation Demand Management: Plan, Action and Strategy. She said the item is on their agenda for June 18th and has the support of several of the Wake County Commissioners.

Ms. Reckhow said she would really like to see the Health Department play a leadership role on this issue because it fits so well with the Department's health education and prevention activities. She reported that a TDM Committee is going to be formed for the County Government to help develop strategies to reduce single occupant vehicle trips among County employees and that she would encourage a Health Department employee, perhaps a Leadership Team member, to be involved on that Committee.

Ms. Reckhow said it would be an opportunity to use ways that are developed by the Committee to reduce single occupant vehicle trips into ways for being active and what the advantages are from the health perspective. This could be used as an educational tool for County employees to promote individual healthy behaviors by considering walking, biking, taking the bus, etc. *Be Active North Carolina* could provide printed promotional materials.

Ms. Reckhow referred to several articles that have recently been published in the News & Observer. She said the statistics are alarming regarding the poor health and fitness of children in North Carolina. She asked about the possibility of the Health Department doing more through the School Nurse Program to promote fitness.

Dr. Bordley questioned how much of what happens in the schools is dictated by the school or what part is dictated at the county and state level.

Mr. Artie Kamiya, MAT, NC Department of Public Instruction, Health and Physical Education and Chairman of Durham Fitness Council responded that it is a local issue.

Mr. Kamiya said if Durham County wanted to have daily physical activity in the schools that it is a local choice and could be done. At present, the State Board of Education has such a strong focus on reading, writing, and mathematics that it is not a very popular stance for a lot of principals to take. But, if you are not in school because you are not healthy then you will not be able to learn. He said there is data to support that a healthy student can learn more readily and can retain that knowledge for longer periods of time.

Ms. Reckhow said that perhaps the Board of Health should communicate with the Durham Public Schools Board of Education (DPSBE) on this issue. She said it is trying to expand the After School Program. Ms. Reckhow said there was already a strong After School Program in the middle schools and the schools received a 21st Century Grant for four After School Programs that will be free at four elementary schools and then expanding to After School Programs in the middle schools.

Ms. Reckhow said that she saw this as an opportunity for the Board of Health to petition the DPSBE to incorporate some strong sports and fitness programs as a part of the programming for the After School

Programs. She said that transportation home would be provided for the children participating in these programs.

Ms. Reckhow believes this would be a good audience to develop *Be Active North Carolina* kinds of strategies.

The Health Director said that a lack of after school transportation is a very serious barrier for some students that would otherwise participate in after school activities. He said each of the schools draw students from the inner city as well as from the more rural areas. The children attending schools located so far away from the center of the city must ride the bus home and do not have the same opportunity to participate in after school physical activities as the children who live in close proximity to the schools.

Ms. Reckhow said the transportation issue should be addressed when the Board of Health communicates with the DPSBE.

The Board discussed the fact that physical education was eliminated from the school curriculum but that there is a positive link between health and academic achievement.

Dr. Kamiya said there is interest at the State level to revisit what the State requires. He believes that the State Board of Education (SBE), with its current makeup, realizes that there is a need to increase that one-year requirement but at the same time the SBE has another mandate. It wants to give school districts local flexibility and would rather the school districts at the local level make all the decisions.

He said Charlotte-Mecklenburg has made a decision at the local level and has doubled the amount of physical education for its students to graduate from high school. Instead of a one-year requirement, now every student at Charlotte-Mecklenburg must have two years of healthful living education to graduate.

Mr. Kamiya said that he talked with the SBE Chairman and the State Superintendent and both of them are in support of having additional units in healthful living. This support comes at a very bad time because the SBE has already said that it is not going to dictate what the local districts should be doing but are going to allow school districts to make local decisions.

In response to a question from Ms. Reckhow, Mr. Kamiya said he would investigate whether there were models in the State for providing transportation for children who want to participate in sports after school.

Mr. Letourneau said solving the after school transportation problem would pay dividends in a variety of ways, not just the benefits of physical fitness. It could also lower crime activity, reduce teen pregnancy, and lower school dropout rates. He believes that a way to eliminate the transportation barrier for children to be able to participate in activities after school needs to be identified.

Mr. Emery said the discussions of these various issues indicate that perhaps there are policies that are unknown or that are not clear, or there could be barriers that people suspect exist but are not certain about.

The Chairman thanked Ms. Peck and Mr. Emery for the lively *Be Active North Carolina* presentation which brought an awareness for the

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Board to the initiative. He said the Board of Health would attempt to become even more active in the promotion of physical activity for children in Durham County Public Schools.

Ms. Reckhow requested that a letter be written, under the Chairman's signature, to Kathryn Meyers, Chair, Durham Public Schools Board of Education. The letter would ask the DCBE to look at ways to expand physical fitness within the schools and in the after-school programming that they are developing with the 21st Century Grant and the Board of Health would be happy to work with them on this endeavor. The Board agreed to comply with the request.

She asked that copies of the articles be sent along with the letter to Ms. Meyers.

The Board discussed ways to become more proactive. It discussed that a meeting could be held between a DCBE member, Health Director, Nutritionist, School Health nurse, and a Board of Health member to begin to explore positive ways to increase public awareness of, and advocacy for, physical activity opportunities within the schools.

Ms. Reckhow was asked to serve as Chair for the Durham County Fitness Leadership Council and Dr. Bordley agreed to serve as a member.

Ms. Reckhow asked the Health Director to inform Wendell Davis, Deputy County Manager and member of the Transportation Demand Management (TDM) Committee, that the Board of Health would like the Health Department to be involved in TDM planning.

Ms. Reckhow said a Commute Trip Reduction Program Ordinance has been adopted for all of Durham County and would be phased in over a three-year-period. The Ordinance would begin with employers who employ over 300 persons.

She said *Be Active North Carolina* is interested in combining the objectives of the Ordinance with their plan. It can promote healthy lifestyles at the same time that Durham County is promoting being better stewards of its road capacity.

Mr. Burch requested the Board review the *Be Active North Carolina's* recommendation that the Health Department's work objective to promote physical activity opportunities in Durham County be enhanced to incorporate the effective public health approach of policy and environmental improvements.

There was discussion by the Board.

The Health Director will merge the Health Department's current Work Objective #5 with the *Be Active North Carolina* proposed work objective.

Peg Wolfe, Supervisor, School Health Program, informed the Board that the Health Department is already involved in looking at ways to promote environmental and policy change. She said that Stephanie Howard, Nutritionist, is actively involved with the Durham Wellness Partnership, Health Promotion Subcommittee.

APPROVAL OF MINUTES. Ms. Reckhow made a motion to approve the minutes of May 11, 2000. The motion was seconded by

Dr. Bordley and approved unanimously.

FY 2000-2001 PATIENT FEE SCALES. The Health Director reported to the Board this schedule may not be changed and recommended its adoption.

Mr. Craig Morgan made a motion these schedules are adopted.
Dr. Bordley seconded the motion and it was approved unanimously.

HEALTH DIRECTOR'S REPORT. Mr. Letourneau thanked Dr. Aucoin for her commitment, contributions, and hard work to public health during her period of service as a Board of Health member.

NUTRITION DIVISION

Public Awareness Campaign/Media

Folic Acid

- Michele Easterling and Stephanie Howard were guests on the Durham County Government TV Program during the month of May to present the importance of Folic Acid in preconception diets.
- A 90-second folic acid PSA was developed for use by the WDNC radio station during the month of May.
- An article on folic acid was submitted to the Carolina Times to run for six weeks.

Nutrition and Children

- Elementary Nutritionist Freda Butner was quoted in a News & Observer article on food, nutrition and children on May 17.

Public Schools (Middle and Elementary)

Breakfast Promotion Activities

- Community Nutritionists attended school faculty meetings at Neal, Rogers-Herr and Chewning Middle Schools. They distributed post-surveys for feedback on National School Breakfast Week (NSBW) activities, awarded prizes, summarized the success of the program, and thanked teachers and staff for their efforts in the promotion planning and activities. More than 135 faculty members participated. Bruegger's Bagels, Great Harvest Bread Company, Pieworks, and Wellspring Grocery donated food for these events.
- Adolescent Nutritionist Tracey Bates attended the Child Nutrition Services Annual Spring Banquet on May 5 to recognize school cafeteria staff members in three target middle schools for their participation in National School Breakfast Week activities.
- Information is being compiled to conduct a final evaluation of the NSBW activities. Three focus groups, two parent-groups, and one student group were conducted at various locations. In addition to the focus groups, post-surveys were distributed to parents and students to contribute to the overall program evaluation.

School Classes/Screenings

- Community nutritionists taught two interactive nutrition/physical education classes at Chewning Middle School. Approximately 100 students learned about a variety of nutrition concepts including the Food Guide Pyramid, Food Labels, 5-A-DAY, and other target nutrition messages.

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- Three classes at Shepard Middle School learned about good nutrition during their Health and Social Day on May 19. Approximately 45 students attended sessions taught by Adolescent Nutritionist, Tracey Bates.
- Haden Hooper, Elementary Nutritionist, at CC Spaulding and Fayetteville Street Elementary Schools, taught six nutrition education lessons.
- End-of-the-year screenings were conducted in all 8 *DINE* Program Elementary schools. The results will be compared with screenings conducted at the beginning of the year to evaluate the overall effectiveness of the educational programming that took place throughout the school year.

Health Fairs/Community Events

- Tracey Bates, Nutritionist, presented nutrition-related topics such as high cholesterol, heart disease and diabetes at the United for Christ Health Fair on May 20.
- Conducted a nutrition class for Mental Health Substance Abuse Recovery clients on May 4.
- Conducted a presentation to residents at the Fayetteville Housing Development on May 17. Participants learned healthy ways to lose weight using physical activity and nutrition guidance.
- Participated in the St. Mark's A.M.E Health Fair on May 20. A *DINE* Program Nutritionist displayed and provided written and verbal information on achieving a "Healthy Balance" using Nutrition and Physical Activity messages.
- Community Nutritionists have been making arrangements to teach nutrition classes for the approximate 400 participants of the NCCU sponsored National Youth Sports Program during the summer months.
- The 2nd Annual Lakewood Elementary Health Fair was held in May reaching 88 parents and students. The Nutrition Division was responsible for assisting in the overall organization of the event, and in staffing 2 of the 15 event booths.
- An elementary Nutritionist assisted a 2nd grade WG Pearson class in setting up a Lowe's grocery store tour, which included taste testing of NC grown foods.
- Freda Butner, Elementary Nutritionist, was Master of Ceremony at the Lakewood year-end DURO (Duke Retiree Organization) appreciation luncheon. This provided the opportunity to comment on each retiree's contribution to nutrition and health during the previous school year.
- Planned and presented one parent group workshop at El Centro Hispano. An interpreter was available for translation.
- Provided adult and family nutrition and physical activity information to parents and staff at W.G. Pearson's first annual "Parent Night Out"
- The Nutrition Division staffed an education display on healthy eating and exercise at the third annual Health Department Block Party.

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- A nutrition staff member was the guest speaker at the Health Department HIV women's support group. The topic presented was Nutrition and HIV/AIDS with a special focus on food safety.
- Nutrition staff continued to participate in the Health Department's EpiTeam efforts for rubella outreach planning and staffing events.

Clinical Nutrition Services

- The Nutrition Division received 79 nutrition referrals for medical nutrition therapy during the month of May. This is second highest number of referrals received in one month with the highest, 94, received in March 2000.
- Nutrition staff initiated a routine nutrition screening for children ages 0–5 participating in the Durham Community Health Network/Access II (Medicaid managed care).
- Nutritionists met with the Center Director at the Moses Cone Nutrition and Diabetes Management Center in Greensboro in preparation for Health Department use of CPT codes for billing encounters. Also, conducted a market survey of dietitian practices in the area to determine what codes they use in billing insurance companies and their charges.

Professional Involvement, Partnerships & Continuing Education

- Nutrition staff attended “Implementing Medical Nutrition Therapy Protocols: Tools for Disease Management and Outcomes Documentation.
- Nutrition staff attended “Feeding Assessment and Intervention: A Team Based Approach”.
- Nutrition staff attended the Nursing Child Service Coordination retreat.
- Nutrition staff attended training on CPT Code Conversion for Health Departments sponsored by Electronic Data Systems (EDS), the fiscal agent of the North Carolina Medicaid Program.
- The Nutrition Division sponsored staff training on personal safety. Presenters were Tim Moore and Constance Copeland, Health Educators with the Health Department.
- Four nutritionists are attending a weekly Spanish course provided at the Health Department to enhance or build their ability to communicate with clients.
- Two nutritionists attended an evening conference focusing on the bioengineered food substance, Olestra/Olean, to stay abreast of current nutrition issues and controversies.
- The Adolescent Nutritionist attended the Teen Power/Healthy Youth Conference, sponsored by the Department of Health and Human Services and Emory University, which was held in Durham County.
- Developed an exhibit to display the accomplishments and the goals and objectives of the Nutrition Division's “DINE for LIFE” that will be displayed at the upcoming Six Million-Dollar Club Conference held

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in Savannah. A “DINE for LIFE” marketing pamphlet was also developed in May for use and distribution at the upcoming conference.

- Community Nutritionists are spearheading the development of a school-centered health promotion program that emphasizes the importance of policy and environmental change for long-term health risk-reduction. The program, “Healthy Achievement”, would recognize public schools willing to make simple changes in their policies or school environment.
- A Nutrition Division student preceptor attended the NCCU Dietetic Internship Program Advisory Board meeting on May 26 to discuss and make plans for the upcoming ADA visit for re-accreditation.
- A Nutrition Division member attended the May meeting of the Durham County Fitness Council. The council will receive funding from “Be Active North Carolina” through the Durham County Health Department to fuel existing programs with needed financial resources.
- Other Meetings
 - Meals on Wheels Client Relations Committee Meeting
 - March of Dimes Professional Services Committee Meeting
 - Durham Coordination of Referrals & Eligibility Committee (CORE)
 - Durham Community Health Network
 - North Carolina Nutrition Network, Nutrition Education Program Committee
 - City/County GIS users group meeting

HEALTH EDUCATION DIVISION

Communicable Diseases

- Kat Turner and Diane Dunder of Planned Parenthood presented a workshop on adverse outcomes of teen sexual relationships for the Sexual Assault Response Team (SART) annual conference.
- Carlotta Lee implemented a STD training program for the first Planned Parenthood Teen Peer Education Program.
- A speaker from The Durham Center presented stress management information at the Women of Power with Vision HIV support group meetings.
- Michelle Easterling educated the women about nutrition at the HIV Women of Power with Vision HIV support group meeting. Two new members, referred by AIDS service agencies, joined the group this month.
- Under Constance Copland’s guidance, Kaleidoscope peer educators created an original STD prevention game and piloted it at their information table at the Health Department’s Block Party.
- Constance and Tim Moore conducted training on community outreach and safety for the Nutrition Division staff.
- Project StraighTalk conducted 3 sessions on STD/HIV for the students at the Shepherd Middle School Health Day.

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- Tim Moore staffed an information booth on STD/HIV and communicable diseases at the St. Mark Church health fair

Syphilis Elimination Project (SEP)

- Conducted regularly scheduled programs at the Durham County Jail (women's and men's pods and STARR program) and Butner ADATC.
- Project StraightTalk staff offered STD educational sessions in the Health Department STD clinic.
- Tim Moore conducted community outreach every Friday to IV drug users and other targeted populations.
- Kat Turner attended the monthly SEP meeting in Alamance County.
- Project StraightTalk, along with four other county SEP programs, contracted with 102 Jams radio station to play a syphilis prevention rap ad from May 21-June 4. Kat has a tape of the ad for anyone who did not hear it on 102 Jams.

Family Connections

- The Teen Outreach Project Recognition Luncheon was held on May 16 and 17 at the Lowe's Grove Middle and Hillside High Schools. A total of 515 people attended the event. Attendants included members of the Teen Outreach Advisory Board, Board of County Commissioners, Durham Public Schools officials, Health Department staff, representatives and students.
- Ms. Angelique Witherspoon, Durham Public Schools, and Annette Carrington visited four of the current TOP middle schools and 1 high school to present the revised TOP plan. The four middle schools agreed to place TOP in Social Studies classes. It was also agreed that TOP staff would conduct a 45-minute orientation of TOP in July and August during teacher orientation sessions.
- TEAS members volunteered at the Public Health Block Party. Members also participated in the DCAPP Teen Pregnancy Prevention month activities. Recruitment for the year 2000 TEAS membership is now complete. The new group is made up of 10 teens and 5 mentors.
- Annette and several staff members from the Family Planning Clinic participated in National Youth Sports Program summer camp registration. Clinic staff participated in screening participants for blood pressure, height, weight, urinalysis, etc., and health educators provided health information.
- The fatherhood initiative, Male Parenting, is in full progress. Renee Parks-Bryant conducted several sessions at the Butner Adolescent Treatment Center and PROUD. Plans are underway to incorporate Male Parenting into Butner's regular schedule of required classes. Renee will host a roundtable discussion of agencies working with Male Parenting issues in June.

Health Promotion & Wellness

- Willa Robinson has been working with the local post offices to promote breast cancer awareness in relation to the Breast Cancer stamp that will be discontinued in July 2000.

- The Gun Safety Team featured “*Love Your Kids, Lock Your Guns*” at the 2000 Public Health Block Party. Twenty gunlocks were distributed at this event. On May 20, Gun Safety Team members participated in the St. Marks AMEZ Church Community Health Fair and distributed gun locks to participants who received one-on-one education regarding gun safety.
- Joanie Haggard and Willa Robinson appeared on the County Government TV show to promote community services offered by the Health Promotion & Wellness Program. The show will be aired on June 1, 2000.

ENVIRONMENTAL HEALTH DIVISION

Water & Waste Section

- James Stewart, Environmental Health Specialist Intern, who was employed for two years resigned to take an EHS position in Avery County. Recruitment is underway for a registered Sanitarian.
- A total of 126 swimming pool inspections were made in May with 109 permits issued. Daryl Poe and Andrew Morgan worked feverishly before the Memorial Day weekend to accommodate all the requests for the initial permit that is needed to open a pool.
- Staff completed a total of 267 regulatory visits.

General Inspections

- 298 inspections and 119 compliance visits were conducted in May.
- The “Findings of the Facts” from the Administrative Law Judge regarding the Temporary Quarters lodging establishment permit denial was received. The statements of the Judge were extremely favorable for our case and concluded that the rules and regulations were properly and appropriately applied in this case and that the Health Department did not act unfairly and/or in a discriminating manner. The Judge's findings will be forwarded to the State Health Director for a final ruling.

GENERAL HEALTH SERVICES CLINIC

BCCCP/Adult Health Screening Program

- 13 women were screened in the BCCCP program
- 255 persons were screened for domestic violence
- 67 persons were screened for hypertension
- 7 persons were screened for diabetes

Communicable Disease Screening

- 484 person were screened in the STD clinic
- 431 persons were screened for HIV. (275 tested at the Health Department, 122 tested at Lincoln Community Health Center, and 34 tested at the Durham County Jail) There were 3 positives - one from each testing site.

Reportable Diseases

- Campylobacter: 1
- Salmonella typhi: 3 unrelated cases.
- Shigella: 1
- Hepatitis A: 1

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- Hepatitis B carrier: 1
- Rabies Animal Bite Investigations: 5
- Tuberculosis: 3
- Immunizations: 606

Rubella Outreach

- No confirmed cases of Rubella in May. Total Durham County cases for year 2000 is 4.
- Four special outreach clinics were held. Two were conducted at work sites and two at soccer games. Total immunizations given in outreach were 205. 65 MMRs were given at the Health Department. Clinic hours were extended and other clinics within the Department referred patients to the Immunization Clinic.
- Staff participated in a Statewide meeting addressing the Rubella cases.
- Citywide distribution of leaflets continues to inform residents of the Rubella problem.
- Contacts are made weekly by the Health Department to monitor the number of MMRs given and incidence of Rubella like disease.

Pharmacy

- Prescriptions filled: 3,127
- Laboratory Tests performed: 6,002

NURSING DIVISION

Child Health Program

Linkages to Families (an intensive home visiting program)

- The staff continued to offer the program services to pregnant women and their infants. Families without Medicaid coverage are now eligible for services as a result of the Smart Start grant. Staff is planning to actively recruit more of these families in June as a new staff nurse comes on board.

Lead Nurse Consultant

- Shirley Holloway, Lead Nurse Consultant, continued to work with the nursing staff at LCHC and the 3 Duke Children's Primary Care Clinics to find ways to keep up with the number of children tested and the number with lead elevations, so that we can track the response to our efforts. In May, she began more intensive follow-up to lead-poisoned children and their families through home visits, telephone calls, finding community contacts, etc. She works with our Child Service Coordination Project, Health Check Project, and Neighborhood Nurse Project to locate families and keep up with the children.

Home Health

- Interviews were conducted to fill the vacant in-home aide position.
- Nine home health referrals (including one infant) were received in May. One referral refused services and one was not homebound. Services continue to be provided twice a day, seven days a week, to a mental health patient.
- On May 5, Claire Hammitt, RN, and Martha Simpson, MSW attended a legislative breakfast hosted by the Keeping In Step/United Way Senior Issues Team. The purpose of the meeting was to garner support for legislation and funding for services to the elderly.

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- Kathy McConnell, RN, and Claire Hammitt, RN, attended a Prospective Payment information session on May 22 given by Jeff Barnes who is the developer of the Barnestorm software for Home Health. There is growing support in the house and senate to repeal the 15% reduction in reimbursement scheduled for implementation October 2001.
- Home Health Staff participated in “The Benefit Forum for Senior Adults” on May 24 at Campus Hills Recreation Center. More than 30 senior citizens who participated received information about Senior Health Insurance Information Program (SHIIP), Medicare, Social Security Administration, Durham County Sheriff Department's (TRIAD), Senior PharmAssist and the Vial of Life Program.
- Martha Simpson, MSW, and Claire Hammitt, RN, attended a Social Worker Roundtable at Henderson Towers May 31. The Council for Senior Citizens presented an update of their services and Gary Borders, Emergency Management Coordinator, gave a presentation about the Special Needs Shelter and the Health Department’s role in staffing the shelter.

Neighborhood Nurses

- Kerry Smith, RN, housed in Few Gardens had 4 initial contacts and 173 encounters in May. Ann Milligan, RN, housed on Fayetteville Street had 6 initial contacts and 198 encounters. The encounters included making medical appointments and transportation arrangements, reminding the residents of the appointments as necessary to increase compliance, and serving as advocates to make system access easier.
- Ann Milligan, RN, assisted 6 residents with completing applications for employment and all of them are now working. She also assisted several residents in completing Health Choice applications.
- Both nurses continue to make newborn/postpartum visits in their communities. Beginning in June, they will attend the Infant Mortality Committee meetings to be aware of the interventions and other resources available to address the problem, to use those resources in their respective housing developments, and to bring additional consumer feedback to the committee.
- Kerry Smith, RN, worked with staff from Promising Practice to plan and implement an on-site asthma fair in Few Gardens. The purpose of the fair was to educate the residents about asthma and ways to control the symptoms. One hundred thirty-two (132) residents attended the fair.
- Kerry Smith, RN, gave a presentation on “The Importance of Folic Acid” to a group of 8 at Golden Belt.
- Two part-time positions for Outreach Workers were advertised during May. The nurses received and forwarded applications from three people who live in the housing developments. The employees in these positions will help the nurses by identifying ways to reach out to the residents and by making follow-up visits that do not require nursing services.

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- Both nurses are working with Abdul Lindsay from the Nutrition Division to bring a “Lose Weight and Feel Great” workshop to the housing developments.
- Tonya Slaughter, DSS, TANF employee, assigned to the Family Planning Clinic is slated to make monthly home visits with the nurses located in each of the housing developments. The purpose of the joint visits is to encourage utilization of the Family Planning Clinic.

Family Planning

- A record number, 320, of Depo-Provera injections were given in May. This number exceeds the old record by 22. Fewer family planning exams were done because there is presently only one full-time clinician. Contraceptives continue to be distributed.

Maternal Health

- There were 702 patient encounters in the OB Clinic in May compared to 448 in April. Staff believes this increase is directly related to the January snowstorm.
- Sixty percent of the patients seen in the OB Clinic in May were Hispanic.
- Linda Ettson, CSST, MOW Program, and Sharon Swain, RN, OB Clinic Coordinator, volunteered recently at NCCU to assist in the screening clinic for teens participating in summer camp.

School Health

- Janice Anderson and Verna Conklin presented a session on Developmental Assets at a state Youth Development Conference.
- School nurses reviewed the immunization records of 1,572 students in Durham Public Schools who do not speak English as their primary language. One hundred seventy-five (175) students were found to be missing documentation of appropriate immunization for rubella. Letters signed by the principals were sent to parents informing them of the immunization requirement for enrollment in DPS.
- Verna Conklin, Mary Miner, and Peg Wolfe represented the Health Department at the Wellness Center roundtable for Durham Public Schools held on May 16th.
- Peg Wolfe, Kathy Jackson, and Dr. McIntosh represented the Health Department at the Head Start Health Services Advisory Committee on May 17th.
- Staff who care for the Exceptional Children’s (EC) population planned and presented a program for the regional EC nurses held in Raleigh on May 19th.
- Peg Wolfe, RN, and Stephanie Howard from the Nutrition Division represented the Health Department at the Wellness Partnership meeting on May 24th.
- Peg Wolfe, RN, represented the Health Department at the review of the School System Bloodborne Pathogens Exposure Plan on May 30th.
- Two school nurses, Rachel Huebner and Jean Davison, resigned during May. Rachel plans to return to Canada with her husband who has

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completed a graduate degree. Jean Davison is completing her education to become a nurse practitioner.

Miscellaneous

- Peg Wolfe, RN, coordinated the Rubella outreach efforts at the Soccer Games played at the old Lowe's Grove School site. Staff members from several program areas, including Maternal Health and School Health, participated in this initiative.
- Gayle Harris, Director of Nursing, was invited to Omaha, Nebraska to participate in the development of the dissemination plan for the Perinatal Periods of Risk Methodology, a new tool to assist jurisdictions in better understanding causes associated with fetal and infant mortality. During this trip, she co-chaired the Conference Planning Committee meeting for the Annual City MatCH Conference to be held September 12-16 in Westminster, Colorado.

HEALTH DIRECTOR'S OFFICE

- Interviewed four of five candidates for the Local Health Administrator I position formerly held by Chris Burr. Two finalists will be identified and invited for a second round of interviews with the Leadership Team.
- Chaired two meetings of the United Way Health Issues Team. At the second meeting, nearly \$250,000 earmarked for Durham County health issues agencies was allocated. Most agencies were funded at 100% of their FY 99-00 allocations. Next year's allocation process will focus more aggressively on health issues as the transition from agency to issues funding continues.
- Attended the Teen Outreach Program year-end recognition ceremony at Hillside High School.
- Met with administrative staff from Durham's Partnership for Children (DPFC) to clarify funding issues identified during the allocation process.
- Attended the bimonthly DPFC meeting where the slate of officers for Fiscal Year 00-01 was submitted. The Health Director has been nominated to become President of the Board of Directors and will assume office at the September 2000 meeting.
- Attended two planning/organizing meetings chaired by Judge Kenneth Titus for a "Family Treatment Court". Family Treatment Court is a program targeting families involved with court directed custody cases impacted by drug abuse. The program is being designed to expedite final custody determinations. The Durham County Health Department has a number of programs that will be made available to participants in "Family Treatment Court".
- Two Rubella outreach follow-up meetings were held involving representation from Lincoln Community Health Center, Duke University Health System Emergency Department, and staff from the Health Department. Outreach to special Hispanic events such as weekend soccer tournaments continues. Employers who routinely employ Hispanics are being contacted to arrange Rubella immunizations for their staffs on site if the number of employees is enough to warrant an outreach. Smaller employers are being urged to refer their employees to the Health Department.

16 A Regular Meeting of the Durham County Board of Health, held June 8, 2000.

- Attended the Durham Health Partners Board of Directors monthly meeting and the Healthy Carolinians monthly meeting where updates were provided for the Elementary School Vision Screening project and the Community Health Planning project. The Health Director informed the groups of his proposal to fund the HealthChoice for Children family premiums, at an annual cost of approximately \$40,000 from the DRH lease payment fund, for those families who cannot afford to pay the \$50-\$100 annual premium.
- Attended the Human Services Consolidation consultant's presentation to the Durham Board of County Commissioners. The Commissioners were less than enthusiastic about the consultant's presentation as very little data was included in the report.
- Presented the Health Department's budget during the BOCC budget work session. The Budget Office's recommendation represents an increase of 5% in the County appropriation primarily related to medical inflationary pressure. All new externally funded program budgets were approved as submitted.
- Met with Willie Covington, Register of Deeds, to discuss the potential to utilize the Register of Deeds computer system to manage Vital Records. The cost of the proposal is \$157,000. Funding for the project is not available at this time.
- Met with Exter Gilmore, Chairman of the Health Subcommittee of the Durham Committee, and Cheryl Lloyd from Cooperative Extension Services to discuss opportunities to improve utilization of the Children's Dental Clinic. Health Education students from NCCU will be utilized to facilitate parental informed consent and registration documentation. Cooperative Extension will investigate transportation alternatives for children in the Durham Public Schools.
- Attended Promising Practices Steering Committee meeting. The project is now averaging 50 to 60 new patient referrals per month, has employed two nurse practitioners, and has a new executive director. Also attended Promising Practices Advisory Committee meeting. Jean Spaulding, Vice Chancellor, presented committee by-laws for Health Affairs, DUHS, for the group to review.
- Attended the City/County Violence Prevention Task Force monthly meeting. Data from juvenile curfew checks was presented. The task force concluded that without substantial penalties for curfew violators, imposing curfews for juvenile offenders is meaningless.
- Attended the bimonthly meeting of Access II steering committee. Data was presented indicating that Durham Access II project is making minimal progress in achieving Medicaid cost reductions. Participants continue to access primary care through emergency department. For the participant, there is no penalty for using the emergency departments that must medically triage and stabilize patients before any registration/insurance information is sought. Patients are leaving the emergency departments without completing insurance and demographic information.
- Attended the Infant Mortality Reduction Task Force meeting where information related to the Health Department's Folic Acid media campaign was presented.

17 A Regular Meeting of the Durham County Board of Health, held
June 8, 2000.

- Held the quarterly staff meeting. Kat Turner was announced as the “Pamela Wall-Brame Employee of the Quarter”. This award has been named in honor of Pam, a previous award winner from our Jail Health Program, who recently succumbed to cancer.

A motion was made to adjourn the meeting. The motion was seconded and approved unanimously.

William H. Burch, R.Ph., Chairman

Brian E. Letourneau, M.S.P.H., Health Director